



GRIEF RESOURCES

SUBSTANCE-RELATED DEATH		
NAME OF RESOURCE	TYPE OF SERVICES PROVIDED	CONTACT INFORMATION
Beading Hearts	Peer-run and professionally supported bereavement support group	https://beadinghearts.org/
Camp Mariposa -Indianapolis: Aaron's Place	Free weekend retreats for grieving children (ages 9-12 and adolescents)	https://www.overdoselifeline.org/aarons-place-camp-mariposa/
Grief Recovery After a Substance Passing (GRASP)	Local support group meetings for bereaved friends and family of individuals who died from substance use	http://grasphelp.org/
Overdose Lifeline	Support groups facilitated by licensed therapist. (Meet every 3 rd Monday of each month from 7:00-9:00pm at Indiana Interchurch Center, 1100 W. 42nd Street, Indianapolis)	www.overdose-lifeline.org/support-group.html
Substance Abuse and Mental Health Services Administration (SAMHSA)	Free and confidential information about support groups, treatment facilities, and community-based organizations	National Helpline available 24/7 1-800-622-4357
What's Your Grief	Articles and podcasts about grief following the death of a loved one by overdose	https://whatsyourgrief.com/the-grief-of-an-overdose-death/