

## **GRIEF RESOURCES**

COVID-19 DEATH		
NAME OF RESOURCE	TYPE OF SERVICES PROVIDED	CONTACT INFORMATION
American Red Cross	Virtual Family Assistance Center Call Center provides emotional support and resource assistance	833-492-0094 (Monday-Friday, 9:00am-9:00pm EST)
Center for Disease Control	Offers suggestions on coping strategies to bereaved loved ones Shares topics of how to discuss Covid-related grief with children	https://www.cdc.gov/mentalhealth/stress- coping/grief-loss/index.html#loved-one
Covid-19 Loss Support for Family and Friends	Facebook support group for bereaved family and friends of Covid-19-related death	www.facebook.com/groups/covidlosssupport
Good Grief	Supportive resources for individiuals and families grieving from Covid-related death.	https://good-grief.org/covid-19/
Grieving	Local, national, and international peer discussion board groups	https://forums.grieving.com/forum/94-covid-19/
Hidden Pain	Supportive resources for bereaved children who had a parent die from Covid-19. Platform for children to share their stories about their loved one who died.	https://www.hiddenpain.us/
HOC Navigators	6-week-long support group for family members grief the death of a loved one from Covid-19 via Zoom	BereavementReferral@TriHealth.com 513-246-9208
Sudden Bereavement Help	Offers memorializing ideas for bereaved loved ones	https://sudden.org/help-for-adults/covid-19-advice- on-memorialising/